**IV**

**Matsushima Polish Open**

**Kyokushin Tournament**

**Wasilków 09.05.2020**

**Organisers:**

Kyokushin Team Wasilków

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Mirosław Jurowczyk

**Date and location**

09.05.2020

Sports hall in the primary scholl in Wasilków Polna Street 1/4a

**Participation conditions**

Teams from Karate clubs which consist of any number of competitors may take part in the competition.

 To be allowed to take part in the competition a competitor needs to have:

- prevailing physical declaration signed by sports medicine physician

- parents' consent to take part in the competition

- a set of guards required in a specific section

- an identity document with a photo

- accidental death and dismemberment insurance

- for competitors below 18 the tournament will be conducted by the book of semi kontakt PZK

- Full contakt karate for seniors

**Registration**

To register you need to write competitor's full name, date of birth, karate grade and the precise weigth and send it by 28.04.2020 by email:

e-mail: **mirek.jurowczyk@gmail.com**

**Referees**

Every club is obliged to provide a referee!

The referee teams will be instituted by the Main Referee on the competition day. Consistent referee uniform is compulsory (black trousers, a navy blue shirt, a white bow tie and a whistle).

**Registration fee**

The competitors paya registration fee which is 60zł . It need to be paid by the cash during the verification on the competition day.

**Catering**

 All the referees and competitors will be provided with a hot meal.

**Categories and sections**

Allocation to a category is justified by competitor's date of birth and weigth.

 KIds girls born in 2013, 2014 -25kg, +25 kg

Kids boys born in 2013,2014 -25kg, +25 kg

Kids - born in 2011 and 2012: boys, kumite:-25kg, -30kg,+30 kg

Kids - born in 2011and 2012: girls, kumite: -25kg, -30kg, +30kg,

Sub-cadets – born in 2009 and 2010: girls, kumite: -35kg, -40kg, +40 kg

Sub-cadets – born in 2009 and 2010: boys, kumite: -35kg, -40kg, +40 kg,

Cadets – born in 2007 and 2008: girls, kumite: -35 kg, -40kg, +40kg,

Cadets – born in 2007 and 2008: boys, kumite: -40kg, -45 kg,+45 kg

Colts -born in 2005 and 2006:girls,kumite :-50 kg,-55 kg,+55kg

Colts -born in 2005 and 2006 :boys,kumite -50kg,-60 kg,+60 kg

Juniors and Sub-juniors - born in2004, 2003,2002, :girls, kumite -55kg,+55 kg

Juniors and Sub-juniors - born in2004, 2003, 2002:boys, kumite -60kg,-70 kg,+70 kg

Seniors - born in 2001 and older - men, kumite -70kg,-80 kg,+80 kg

Seniors - born in 2001 and older - women, kumite -55kg, +55kg

Oldboy +35 years old -80kg, +80 kg

**Attention!**

If in particular categories there are too few competitors, some of the categories may be linked or changed after the analysis of registration documents. That's why it is so important to write the exact weigth and grade in the registration file which will be accepted by 28.04.2018.

**Rules**

The tournament will be held individually in the system of single-elimination. Competitor's responsibility is to appear to the fight within prescribed time of 1 minute in a complete set of guards.

The proceedings and length of fight in the categories Kids, Cadets and Colts (semi-finals and finals):

1,5 min first round -> extra time 1min after which the judgement must be pronounced

The proceedings and length of fight in the categories Juniors and Sub-juniors (finals and semifinals):

2 min first round -> extra time 2 min after which the judgement must be pronounced

Seniors

3 minutes first round - extra time 2 min after which the judgement must be pronounced

During the qualifying round only one extra time is possible.

The guards required:

|  |  |  |  |
| --- | --- | --- | --- |
| Category | Compulsory personal guards | Compulsory guards provided by the organisers | Optional guards |
| kids 9 years and younger | - white guards shin-foot,- fist guards- men-jockstrap,- | - trunk protector hogo,- headgear with faceshield | - women-jockstrap |
| sub-cadets10-11 years | - white guards shin-foot,- fist guards- men-jockstrap,- | - trunk protector hogo,- headgear with faceshield | - women-jockstrap |
| cadets12-13 yearscolts 14,15 years | - white guards shin-foot,- fist guards- men-jockstrap,- | - trunk protector hogo,- headgear with faceshield | - women-jockstrap |
| Juniors 16-18 yearsoldboys | - white guards shin-foot,- fist guards- men-jockstrap,- | -headgear without faceshield | - women-jockstrap |
| Seniors  | Teeth guardjockstrap |  |  |

**The event agenda 09.05.2020**

8.00 - 9.00 - registration in the sports hall

9.00 - 10.00 - verivication, referees delibaration

10.00 - the ceremony of the tournament opening compulsory for all the competitors

10.30 - the beginning of qualifying rounds

13.00-13.30 - dinner time

13.30 - continuation of fights

ok 17-18 - the medal ceremony and closing the tournament

Prizes

The 1., 2., 3. place competitors receive a cup and a diploma.. Below the 3. place everyone receives a diploma.

 **Final provisions**

The referee teams will be instituted on the competition day. The organiser stipulates a right to change the statute.

 **Osu !**

**Additional information**

For additional information you should contact the organizer.

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 **Hotels:**

"Nad Zalewem" Białostocka Street 84, Wasilków tel. +48 85 718 52 40

http://www.nadzalewem.jard.pl/

Centrum pielgrzymkowo- turystyczne "święta Woda" **tel.** +48 85 710 45 62

https://swietawoda.com.pl/